



Red de Mujeres y Justicia de Género de las Iglesias Luteranas de América Latina y el Caribe - FLM

Rede de Mulheres e Justiça de Gênero das Igrejas Luteranas da América Latina e Caribe - FLM

Women and Gender Justice Network of the Lutheran Churches of Latin America and the Caribbean - LWF

BIBLE STUDY 24

PSALM 55.

Biblical rereading with a gender perspective, community work of the women of the “Tienda Roja (Red Tend)”, Iglesia Cristo ILM. Mexican Lutheran Church.

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A WOMAN´S PRAYER

“Today I woke up, I would not have wanted to open my eyes, because my world remains the same.

I haven't stopped crying, I think I cried all night.

I wonder, God, where are you?

My heart hurts, death haunts me every day.

I tremble with fear, I tremble with fear! My body is sick and weak.

I would like to fly, to have wings, I would fly very far! I'd run from everything, from this space!

I would go very far, I would cross valleys, seas and rivers, and I would rest in the desert.

Yes, in the dry and lifeless desert, to die, to rest, to wait ...

What can I expect? That God Will save me?

How I would like you to destroy them, their violence is beyond my strength.

I come into conscience, and it is not just anyone who has violated me, It has been you: my intimate, friend, my love, my adviser, my intimate companion, my guide, my family member, with whom I gently spoke of our secrets.

You, with whom I shared my faith and my prayer, with whom I walked to the place of peace and solace.

I didn't expect it and I don't know how to get out of the blows, the offenses, this prison.

God, I cry out to you day and night, listen to me! "

QUESTIONS TO REFLECT.

1-We have all read this testimony together, how do we feel when we read it?

2-Let's think together: What happened to this woman?

3-Let's reflect: It is a voice of help, God listens to it. Who else needs to hear this voice?

4-What do we need to do so that the voices for help are heard?

Let us all talk about our experiences, listen to the testimonies, together we work on safe and peaceful paths.